



# Niigata English Journal

Edited & Issued by the Niigata City International Exchange Foundation

Mail magazine: Email us to receive this newsletter every month

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## Let's Make Marshmallow Treats!

Your American CIR, Alyssa, will be teaching everyone how to make marshmallow treats (Rice Krispie Treats) – an American favorite. The recipe only requires three ingredients: cereal (usually Rice Krispies), marshmallows, and butter. It's very easy to make and very tasty! Come and learn how to make this classic treat!

**Date:** June 17<sup>th</sup> (Sat) 10:30 – 11:30

**Location:** CrossPal 5<sup>th</sup> floor cooking classroom

**Spots:** 30 spots

**Ages:** Elementary school and up (we will be using the stove). Elementary school children must be accompanied by an adult.

**Fee:** ¥500 per person (for ingredients)

**What to bring:** Apron, bandana, hand towel

**Sign up:** From May 10<sup>th</sup>, call 025-225-2727 or email [kyokai@nief.or.jp](mailto:kyokai@nief.or.jp)



## International Watercolor Exhibition

About 100 paintings from the USA, the UK, Russia, China, Taiwan, and more, will be on display. In addition to the exhibition, there will be free lectures featuring live watercolor painting demonstrations. Come and meet fellow artists and art lovers from Japan and around the world!

**Date:** May 11<sup>th</sup> (Thu) – 14<sup>th</sup> (Sun) 9:00 – 17:00 (Opens at 13:30 on the 11<sup>th</sup>, closes at 16:00 on the 14<sup>th</sup>)

**Location:** Niigata Prefectural Civic Center 3<sup>rd</sup> floor, Gallery B

**Fee:** Free!

**Contact:** Japan International Watercolor Institute  
025-267-6998 or email: [jiwi2023@iacn.jp](mailto:jiwi2023@iacn.jp)

## Myanmar Exhibition 2023

NPO Asia Crafts Link will have an exhibit showcasing their work in Myanmar. The organization teaches people woodworking and textile making so that they can create goods to sell and support themselves. The works created by participants of the Art Crafts Link program will be displayed and will also be for sale. Come by to support the program and see what people in Myanmar are making with local materials!

**Date:** April 29<sup>th</sup> (Sat) – May 7<sup>th</sup> (Sun)  
10:00 – 17:00

**Location:** Northern Culture Museum  
(attic gallery & fair trade shop Sai)

**Fee:** Free!

**Contact:** NPO Asia Crafts Link, TEL 025-282-7440



## Salon Exhibit: G7 Finance Ministers and Central Bank Governors' Meeting in Niigata ~Niigata to the World~

The G7 Finance Ministers and Central Bank Governors' Meeting will be held in Niigata from May 11<sup>th</sup>-13<sup>th</sup>. In order to celebrate Niigata being chosen as the host for this major international conference, there will be an overview of the upcoming event – including information on flower displays, the schedule for the weekend, and more! Additionally, there will be promotional information about Niigata, to show the world what Niigata has to offer.

**Date:** April 6<sup>th</sup> – May 18<sup>th</sup> 9:00 – 17:00

**Location:** NIEF Exchange Salon (CrossPal 2F)

**Closed:** Sundays and holidays



## Niigata Japan-America Society 60<sup>th</sup> Anniversary Celebration

Come and celebrate the Niigata Japan-America Society's 60<sup>th</sup> anniversary! This is a great opportunity to meet and mingle with American and Japanese people in both English and Japanese!

**Date:** June 5<sup>th</sup> (Mon) 18:00 – 20:00

**Location:** The Hotel ItaliaKen, 3<sup>rd</sup> floor San Marco

**Spots:** 100 spots

**Fee:** (includes food and drink) Students ¥3000,  
General ¥6000, Members ¥5000

**Sign up:** [http://www.n-nichibei.com/postmail\\_event/](http://www.n-nichibei.com/postmail_event/)

**Contact:** TEL 025-240-0820,  
email: [niigatanichibei@gmail.com](mailto:niigatanichibei@gmail.com)

## Nishi Ward Japanese Classes

Is the Chuo Ward too far away? Come and take Japanese classes in the Nishi Ward! The Nishichiku Community Center offers beginner to advanced level Japanese classes.

**Term Dates:** 1<sup>st</sup> Term: April 11<sup>th</sup> – July 18<sup>th</sup> (14 classes)  
2<sup>nd</sup> Term: Sept. 5<sup>th</sup> – Dec. 19<sup>th</sup> (16 classes)  
3<sup>rd</sup> Term: Jan. 16<sup>th</sup> – Mar. 19<sup>th</sup> (10 classes)

**Time:** 10:00 – 12:00 on Tuesdays

**Location:** Nishichiku Community Center

**Fee:** 1<sup>st</sup> and 2<sup>nd</sup> Terms: ¥3500\*; 3<sup>rd</sup> Term: ¥300 per session\* (\*does not include textbook fees)

**Contact:** Nishichiku Community Center  
TEL 025-261-0031

## Traffic Warning!

Due to the G7 Meeting, from May 11<sup>th</sup>-13<sup>th</sup> the roads around the Toki Messe, Sado Ferry Terminal, and Ryuto Bridge area are expected to experience heavy traffic.


People are discouraged from driving in the area and are encouraged to use public transportation.

Everyone in the area during the conference may also be subject to questioning and inspection. For more information, please visit the Niigata Prefectural Police Department's website (Japanese only).



## Classes

## Japanese Courses offered by the Niigata City International Exchange Foundation

Beginner through Intermediate 2	-Classes of varying difficulties are available at different times throughout the week. -Pricing info & the schedule for the current session are available on the NIEF website: <a href="https://www.nief.or.jp/">https://www.nief.or.jp/</a>		Ms. Kiyoko Tanaka Tel: (025) 225-2727
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## Japanese Study Support Group for Children &amp; Students: NicoPal Club (Free of charge)

Day of the Week & Hours	Room No.	Content	For more info.
Every Wed 9:30 – 11:30 <b>*Please register beforehand</b>	202	To help students get the Japanese language skills needed to go to school in Japan.	Ms. Kiyoko Tanaka Tel: (025) 225-2727
*No classes this month*	201	This Japanese study circle offers support to children in the international community who are struggling with Japanese and other school studies.	

## Volunteer Japanese Classes

<https://www.nief.or.jp/en/jcvg>

## International Cooking Class

When: May 25<sup>th</sup> (Thu), 27<sup>th</sup> (Sat) & 28<sup>th</sup> (Sun)  
11:00-14:00Fee: Foreign residents, students: ¥1,800  
Japanese citizens ¥3,800

Menu: Early Summer Japanese Meal – Seasonal side dishes, sushi rolls, tempura, soup, and more!

International Cooking Class for Children  
~Let's Cook in English!~

No classes this month



Where: Ms. Ueno's residence (3-4-16 Ogijima, Akiha Ward)

For more info/sign-up: TEL: 0250-24-6859 (Ms. Ueno) – Please sign up at least three days before class

## Notices

**Bicyclists: Wear A Helmet!**

As of April 1<sup>st</sup>, bicyclists are obligated to make an effort to wear helmets. Did you know? 60% of people who die in biking accidents die from head injuries. Wearing a helmet could save your life! Everyone who rides a bike, regardless of age, should wear a helmet. Use your head – and protect it too!

**Donate to Refugees from Ukraine**

Donation boxes can be found at each ward office and NIEF (in CrossPal).

For more info contact the Foreign Affairs Division by phone at 025-226-1672 or call or visit us at NIEF.

**Get COVID-19 Information on LINE**

If you came in contact with someone infected or you think you have symptoms, you can check the Niigata City LINE Account to get information and help on what to do next. \*Only available in Japanese  
**NOTICE:** As of March 31<sup>st</sup>, the Niigata Prefecture COVID-19 Multilingual Hotline is no longer available. Please call the Foreign Resident Consultation Center of Niigata if you need guidance in a foreign language. TEL 025-241-1881

**Certificate of Eligibility Now Available Via Email**

As of March 17<sup>th</sup>, foreign nationals can receive their Certificate of Eligibility via email. Additionally, foreign nationals can apply for visas and landing permits by presenting the email at a Japanese embassy, consulate, or consular office. This will reduce time, effort, and costs.

For more information, please visit the Immigration Services Agency of Japan website.



## Consultation Services

Niigata Help Association TEL: 025-228-2212	Everyday 10:00 – 23:00 English, Spanish, Korean, Chinese, Filipino, Thai, etc.
Niigata International Association TEL: 025-241-1881 Email: <a href="mailto:nia21c@niigata-ia.or.jp">nia21c@niigata-ia.or.jp</a> URL: <a href="https://www.niigata-ia.or.jp/">https://www.niigata-ia.or.jp/</a>	Weekdays 10:00 – 17:00 English, Russian, Chinese, Filipino, Thai, Vietnamese, Spanish, Portuguese
Helpline for Foreigners TEL: 0120-279-338 (toll-free)	Press 2 after the Japanese guidance
Niigata Medical Care Information Network URL: <a href="http://qq.niigata-iyaku.jp/">http://qq.niigata-iyaku.jp/</a>	English, Chinese, Korean
Hello Work, Foreigner Advisory Service TEL: 025-280-8609 Niigata Misaki Godo Chosha #2 (1-2-1 Misaki-cho, Chuo Ward, Niigata City)	1 <sup>st</sup> – 4 <sup>th</sup> Wed 13:00 – 16:00 English & Chinese
Immigration Bureau Consultation	2 <sup>nd</sup> Tue. of the month 13:00–17:00 Thai, Vietnamese, Russian
Gyoseishoshi Association of Niigata Consultation	4 <sup>th</sup> Wed. of the month 10:00–17:00 Chinese, Russian
Free Legal Consultation for Foreign Residents Length of Consultation: 40 minutes per person	3 <sup>rd</sup> Thur. of odd numbered months English, Spanish, Portuguese, Russian
Education Consultation	Every Tue. 13:00–17:00 English, Chinese, Thai, Vietnamese, Russian

Make a reservation by phone or email in advance.

Place: Foreign Resident Consultation Center of Niigata  
(2nd floor of Toki Messe)Contact: TEL: 025-241-1881  
Email: [nia10@niigata-ia.or.jp](mailto:nia10@niigata-ia.or.jp)

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(Written and edited by Alyssa Williams &amp; Ayako Homma)

CrossPal will be  
closed May 22<sup>nd</sup>