



Niigata English Journal

Edited & Issued by the Niigata City International Exchange Foundation

Mail magazine: Email us to receive this newsletter every month

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Mid-Autumn Festival Celebration



Let's celebrate one of China's major holidays, the mid-autumn festival, together! Two speakers (Mr. Ikeda and Ms. Li) will speak on their experience living in China and explain the importance of this holiday. Tea and yuè bīng (moon cakes) will also be served.

Date: Sep. 24th (Sun) 13:30 – 15:00 (check-in @ 13:00)

Location: CrossPal 5th floor Exchange Hall

Spots: 30 spots

Fee: ¥1,000 (JHS students and under are free)

Sign up: Call 025-225-2727 or email kyokai@nief.or.jp

Free Medical Testing and Consultation

Doctors will be available to perform chest x-rays and health checks, as well as provide medical advice on internal medicine, surgery, dental health, and more! Social workers and insurance experts will also be able to answer questions on treatment, insurance, and more. Interpreters are available for English, Chinese, and Vietnamese. An interpreting device will be used for other languages. This service is for foreign residents only.

Date: Oct. 15th (Sun) 10:00 – 14:30

Location: CrossPal 2nd floor

Fee: Free!

Sign up: Scan the QR code to sign up

Contact: Tel: 025-225-2727, email: kyokai@nief.or.jp



Wonder Trip in Akiha 2023



Learn about the Akiha Ward, one of the oldest regions of Niigata City. A tour of historical Akiha and Niitsu areas, including temples and shrines, will be given in English. You can also experience meditation (*zazen*) and eat a Buddhist vegetarian meal for lunch!

Date: Oct. 29th (Sun) 11:00 – 16:00 (meet up at 10:30)

Location: Please contact for more details

Fee: ¥3,500

Sign up/Contact: (By Oct. 15th) Niitsu International Culture Exchange Club, Ms. Ishiyama
Email: niceclub.niitsu@gmail.com

Salon Exhibit: Learn All About Vietnam!

This exhibit features photos from Mr. Pham Van Phong's July lecture. Come and learn about Vietnam's popular tourist spots, food, culture, and more!

Date: July 15th – Sep. 14th 9:00 – 17:00

Closed: Sundays and holidays

Location: CrossPal 2nd floor



NIEF International Music Festival



Come and listen to music from around the world – all in one place! Featuring musicians from the Philippines, China, Korea, the USA, France, and more. Ms. Amalia from Romania, a former opera singer and currently active singer and songwriter, will be our special guest!

Date: Oct. 1st (Sun) 13:30 – 15:30 (check-in @ 13:00)

Location: CrossPal 4F Audio-Visual Theater

Spots: 100 spots

Fee: ¥1,000

*Elementary school students and under are free!

Contact: Tel 025-225-2727, Email kyokai@nief.or.jp



Korean Hangawi Festival

The Consulate-General of South Korea in Niigata is hosting a festival to celebrate Hangawi, also known as Chuseok, a holiday where Korean people celebrate the harvest, gather with family, and visit the graves of loved ones who have passed. The festival will include live Jpop, Kpop, a Taekwondo demonstration, a fashion show, Korean food stalls, crafts, and more! Free songpyeon (rice cakes) will also be given to all attendees.

Date: Sep. 22nd (Fri) 18:00 – 21:00 (check-in @ 17:00)

Location: Ryutopia Performing Arts Center Concert Hall, 3-2 Ichibanboridoricho, Chuo Ward

Spots: 1,200 spots

Fee: Free!

Sign up: By Sep. 11th using the QR code

*If more than 1,200 people register, there will be a lottery. Those who are selected will be sent tickets by Sep 15th.



NIEF Fall Japanese Classes



Applications for this semester's Japanese classes are open until September 8th, however, if you missed the deadline and are interested, please come in and talk with us! You can also visit the NIEF website for more information.

Location: CrossPal 2nd floor Friendship Center

Contact: Tel 025-225-2727, email: kyokai@nief.or.jp

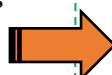
Salon Exhibit: Japanese Manga & Anime in the USA + Showa Era Japanese Anime & Manga

NIEF's newest exhibit will feature photos from the American culture lecture last month, as well as manga, figures, and more from popular Showa era manga and anime. Come and learn about how Japanese manga and anime was introduced to the USA and check out the items on display!

Date: Sep. 16th (Sat) – Nov. 16th (Thu) 9:00 – 17:00


Closed: Sundays, holidays, and Sep. 25th

Location: CrossPal 2nd floor



Classes

Japanese Courses offered by the Niigata City International Exchange Foundation

Beginner through Intermediate 2	-Classes of varying difficulties are available at different times throughout the week. -Pricing info & the schedule for the current session are available on the NIEF website: https://www.nief.or.jp/		Ms. Kiyoko Tanaka Tel: (025) 225-2727
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Japanese Study Support Group for Children & Students: NicoPal Club (Free of charge)

Day of the Week & Hours	Room No.	Content	For more info.
Every Wed 9:30 – 11:30 *Please register beforehand	202	To help students get the Japanese language skills needed to go to school in Japan.	Ms. Kiyoko Tanaka Tel: (025) 225-2727
Every Sat 10:00 – 11:30 *except 9/23 and 9/30 *Please register beforehand	201	This Japanese study circle offers support to children in the international community who are struggling with Japanese and other school studies.	

Volunteer Japanese Classes

<https://www.nief.or.jp/en/jcvg>

International Cooking Class (September)

When: Sep. 23rd (Sat), 24th (Sun), 25th (Mon)

11:00-14:00

Fee: Foreign residents, students: ¥1,800

Japanese citizens ¥3,800

Menu: Fall Leaf Viewing Bento – Side dishes (yuzu grilled salmon, rolled omelets, etc), seasonal vegetable stew, somen noodle soup, chestnut rice, and more!

International Cooking Class (October)

When: Sep. 30th (Sat), Oct. 1st (Sun)

11:00 – 14:00

Fee: Foreign residents, students: ¥1,800,

Japanese citizens ¥3,800

Menu: Italian Fisherman Style Bread and Soup

Whole wheat focaccia, acqua pazzia (fish), delicatessen style salad, and more!



Where: Ms. Ueno's residence (3-4-16 Ogijima, Akiha Ward)

For more info/sign-up: TEL: 0250-24-6859 (Ms. Ueno) – Please sign up at least three days before class

Notices

World Children's Book Illustrations

The art of Japanese and Korean artists from the 2021 Biennial of Illustrations Bratislava competition will be displayed at the Niitsu Art Museum.

When: Sep. 9th (Sat) – Nov. 5th (Sun) 10:00 – 17:00

Where: Niitsu Art Museum

Fee: ¥1,000 (¥800 students, free for JHS students and under)

Australian BBQ

The Niigata-Australia Society will be celebrating their 10th anniversary with a BBQ and all are welcome!When: Sep. 16th (Sat) 17:00

Where: Riverside CAFE & BBQ Garden PIQNIQ MIZBERING Niigata, Yasuragitei (right side of embankment)

Fee: ¥6,000 (children ¥2,500)

Sign up: By Sep. 7th call Takahashi 090-7007-2421 or Kubota 080-8833-8796 or email: niigata.aus@gmail.com

The Sound of India

Featuring Pt. Shubhendra Rao (sitar), one of India's top soloists, and Debjit Patitundi (tabla), a young maestro. These two world renowned musicians will be stopping in Niigata, so don't miss this chance to see them! (Organized by the Niigata-India Cultural Exchange Society)

When: Oct. 15th (Sun) 14:30~ (doors open at 13:30)

Where: Daishi Hokuestu Hall

Fee: ¥3,500 pre-register, ¥4,000 same-day



Shared House



Resident recruitment

You can live with 3 friends.
Cheaper than living alone.
There are 15 services.<https://www.kyougakukan.net>

Consultation Services

Niigata Help Association TEL: 025-228-2212	Everyday 10:00 – 23:00 English, Spanish, Korean, Chinese, Filipino, Thai, etc.
Niigata International Association TEL: 025-241-1881 Email: nia21c@niigata-ia.or.jp URL: https://www.niigata-ia.or.jp/	Weekdays 10:00 – 17:00 English, Russian, Chinese, Filipino, Thai, Vietnamese, Spanish, Portuguese
Helpline for Foreigners TEL: 0120-279-338 (toll-free)	Press 2 after the Japanese guidance
Niigata Medical Care Information Network URL: http://qq.niigata-iyaku.jp/	English, Chinese, Korean
Hello Work, Foreigner Advisory Service TEL: 025-280-8609 Niigata Misaki Godo Chosha #2 (1-2-1 Misaki-cho, Chuo Ward, Niigata City)	1 st – 4 th Wed 13:00 – 16:00 English & Chinese
Immigration Bureau Consultation	2 nd Tue. of the month (9/12) 13:00–17:00 Thai, Vietnamese, Russian
Gyoseishoshi Association of Niigata Consultation	4 th Wed. of the month (9/27) 10:00–17:00 Chinese, Russian
Free Legal Consultation for Foreign Residents Length of Consultation: 40 minutes per person	3 rd Thur. of odd numbered months (9/14) English, Spanish, Portuguese, Russian
Education Consultation	Every Tue. 13:00–17:00 English, Chinese, Thai, Vietnamese, Russian
Place: Multilingual Consultation Center of Niigata (formerly Foreign Resident Consultation Center) (2nd floor of Toki Messe) Contact: TEL: 025-241-1881 Email: nia10@niigata-ia.or.jp	



Edited and Issued by the Niigata City International Exchange Foundation

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(Written and edited by Alyssa Williams & Ayako Homma)

CrossPal will be closed Sep. 25th